

*Positive Prevention PLUS (2021 ed.): Compliance with AB 329 California Healthy Youth Act
CA Education Code Chapter 5.6**

Article 2. Required Comprehensive Sexual Health Education and HIV Prevention Education (see also California Health Framework ch.5-6)	<i>Positive Prevention PLUS</i> curriculum contents
<p>SEC. 6. Section 51933 of the Education Code is amended to read: 51933. All comprehensive sexual health education and HIV prevention education pursuant to Section 51934, whether taught or supplemented by school district personnel or by outside consultants or guest speakers pursuant to Section 51936, shall satisfy all of the following criteria:</p> <ul style="list-style-type: none"> (a) Instruction and materials shall be age appropriate. (b) All factual information presented shall be medically accurate and objective. (c) All instruction and materials shall align with and support the purposes of this chapter as set forth in paragraphs (1) to (5), inclusive, of subdivision (b) of Section 51930 and may not be in conflict with them. (d) (1) Instruction and materials shall be appropriate for use with pupils of all races, genders, sexual orientations, and ethnic and cultural backgrounds, pupils with disabilities, and English learners. (2) Instruction and materials shall be made available on an equal basis to a pupil who is an English learner, consistent with the existing curriculum and alternative options for an English learner pupil as otherwise provided in this code. (3) Instruction and materials shall be accessible to pupils with disabilities, including, but not limited to, the provision of a modified curriculum, materials and instruction in alternative formats, and auxiliary aids. (4) Instruction and materials shall not reflect or promote bias against any person on the basis of any category protected by Section 220. (5) Instruction and materials shall affirmatively recognize that people have different sexual orientations and, when discussing or providing examples of relationships and couples, shall be inclusive of same-sex relationships. (e) Instruction and materials shall encourage a pupil to communicate with his or her parents, guardians, and other trusted adults about human sexuality and provide the knowledge and skills to do so. 	<ul style="list-style-type: none"> (a) <i>Positive Prevention PLUS</i> offers upper elementary, middle school and high school curriculum. (b) Lessons have been reviewed for biomedical accuracy by the federal Office of Adolescent Health (OAH) and California’s Adolescent Sexual Health Work Group (ASHWG) (1) Lesson scenarios feature diverse ethnic and gender groups. Spanish and Special Education materials are provided. (2) Student and parent materials in Spanish are available. (3) A Special Education curriculum is available. (4) Lessons are inclusive of race, sexual orientation, and gender incl. transgender students (5) Examples of same-sex relationships (in students and parents) are included in several lesson scenarios. (e) Lessons include parent or trusted adult home assignments. Parent support materials are posted on the web and included in the Student Workbooks.

*See also California Health Framework (2019) Chapters 5 and 6 Growth and Development (G)

<ul style="list-style-type: none"> (f) Instruction and materials shall teach the value of and prepare pupils to have and maintain committed relationships such as marriage. (g) Instruction and materials shall provide pupils with knowledge and skills they need to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation. (h) Instruction and materials shall provide pupils with knowledge and skills for making and implementing healthy decisions about sexuality, including negotiation and refusal skills to assist pupils in overcoming peer pressure and using effective decision making skills to avoid high-risk activities. (i) Instruction and materials may not teach or promote religious doctrine. 	<ul style="list-style-type: none"> (f) Lesson 3 focuses on healthy relationships, incl. friendship skills, love (and in high school, intimacy). (g) Lesson 4 focuses on bullying and relationship abuse, incl. reporting abuse. Lesson 4 is on Human Trafficking. (h) Lesson 7 features a decision-making model regarding teen pregnancy; Lesson 11 includes risk recognition, also refusal and negotiation skills. (i) Lessons are free of references to religious doctrine.
<p>SEC. 8. Section 51934 of the Education Code is amended to read: 51934. Each school district shall ensure that all pupils in grades 7 to 12, inclusive, receive comprehensive sexual health education and HIV prevention education from instructors trained in the appropriate courses. Each pupil shall receive this instruction at least once in junior high or middle school and at least once in high school. This instruction shall include all of the following:</p> <ul style="list-style-type: none"> (1) Information on the nature of HIV, as well as other sexually transmitted infections, and their effects on the human body. (2) Information on the manner in which HIV and other sexually transmitted infections are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use. (3) Information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other sexually transmitted infections and abstinence from sexual intercourse is the only certain way to prevent unintended pregnancy. Instruction shall provide information about the value of delaying sexual activity while also providing medically accurate information on other methods of preventing HIV and other sexually transmitted infections 	<p>Versions for middle school, high school, high school independent study, and Special Education are provided.</p> <ul style="list-style-type: none"> (1) Lesson 8 is on HIV/AIDS and Lesson 9 is on STIs. (2) Lessons 8 (HS) and 11 (MS) include activities on transmission of HIV, relative risk of behaviors (“Safe Matches” “HIV Red Light Green Light” and “Go Caution Stop”) (3) Lesson 6 emphasizes sexual abstinence as the only 100% effective method to avoid STIs and unplanned pregnancy; abstinence from sex and not sharing injection drug needles also appears in “HIV Red Light Green Light” and “Go Caution Stop”; Lesson 10 (MS) includes a group Abstinence Activity.

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and pregnancy.

- (4) Information about the effectiveness and safety of all federal Food and Drug Administration (FDA) approved methods that prevent or reduce the risk of contracting HIV and other sexually transmitted infections, including use of antiretroviral medication, consistent with the federal Centers for Disease Control and Prevention.
- (5) Information about the effectiveness and safety of reducing the risk of HIV transmission as a result of injection drug use by decreasing needle use and needle sharing.
- (6) Information about the treatment of HIV and other sexually transmitted infections, including how antiretroviral therapy can dramatically prolong the lives of many people living with HIV and reduce the likelihood of transmitting HIV to others.
- (7) Discussion about social views on HIV and AIDS, including addressing unfounded stereotypes and myths regarding HIV and AIDS and people living with HIV. This instruction shall emphasize that successfully treated HIV-positive individuals have a normal life expectancy, all people are at some risk of contracting HIV, and the only way to know if one is HIV-positive is to get tested.
- (8) Information about local resources, how to access local resources, and pupils' legal rights to access local resources for sexual and reproductive health care such as testing and medical care for HIV and other sexually transmitted infections and pregnancy prevention and care, as well as local resources for assistance with sexual assault and intimate partner violence.
- (9) Information about the effectiveness and safety of all FDA-approved contraceptive methods in preventing pregnancy, including, but not limited to, emergency contraception. Instruction on pregnancy shall include an objective discussion of all legally available pregnancy outcomes, including, but not limited to, all of the following:
 - (A) Parenting, adoption, and abortion.
 - (B) Information on the law on surrendering physical custody of a minor child 72 hours of age or younger, pursuant to Section 1255.7 of the Health and Safety Code and Section 271.5 of the Penal Code.

- (4) **Lesson 6** presents information on all FDA-approved methods, with information on effectiveness in reducing the transmission of STIs.
- (5) **Lesson 8 (HS)** and **10 (MS)** emphasizes not sharing injection drug needles.
- (6) **Lesson 8** includes PreP, PEP, and ART as ways to avoid infection, to treat HIV and extend life; **Lesson 9** emphasizes the importance of STI testing and treatment.
- (7) **Lesson 8** explores myths and stereotypes. Lesson 8 also explains testing including how to locate clinical services.
- (8) **Lessons 6, 9 and 10** emphasize that CA minors of any age can access testing and reproductive services, and provides ways to identify local services. **Lesson 4** provides Assault Hotline numbers and websites.
- (9) **Lesson 6** provides information on all FDA-approved birth control.
 - (A) **Lesson 7** explores all pregnancy options including keeping the baby (parenting, pre-natal care), adoption procedures, and abortion procedures).
 - (B) **Lesson 7** provides information on the CA Safe Surrender Law.
 - (C) **Lesson 7** provides information on prenatal care.

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<p>(C) The importance of prenatal care.</p> <p>(10) Information about sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence, and sex trafficking.</p> <p>(b) A school district may provide comprehensive sexual health education or HIV prevention education consisting of age-appropriate instruction earlier than grade 7 using instructors trained in the appropriate courses. A district that elects to offer comprehensive sexual health education or HIV prevention education earlier than grade 7 may provide age appropriate and medically accurate information on any of the general topics contained in paragraphs (1) to (10), of subdivision (a).</p>	<p>(10) Lesson 4 provides information on sexual harassment, sexual assault, intimate partner violence, relationship abuse. Lesson 5 focuses on human trafficking including sex trafficking.</p> <p>(b) Professional training is available through the website; curriculum updates are periodically posted in the Curriculum updates folder.</p>
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