

Alignment of the Positive Prevention PLUS Comprehensive Sexual Health Education Curriculum with the National Sexuality Education Standards (NSES)*

P3 Lesson Title and Contents	Related National Sexuality Education Standards
<p>MS/HS Getting Started Lesson</p> <ul style="list-style-type: none"> ï Discussing Embarrassing Topics ï Group Agreements ï The Sexual Health of Teens ï Gender and Sexual Orientation (HS only) ï Imagining a Different Gender (HS only) ï Lesson Wrap-Up and Pre-Test 	<p>AP.8.AI.1 Identify accurate and credible sources of information about sexual health. PD.8.AI.1 Identify medically-accurate sources of information about puberty, adolescent development and sexuality.</p> <p>ID.12.CC.1 Differentiate between biological sex, sexual orientation, and gender identity and expression. ID.12.CC.2 Distinguish between sexual orientation, sexual behavior, and sexual identity.</p>
<p>MS Lesson 1: Understanding Change</p> <ul style="list-style-type: none"> ï Sexual Development ï Gender Role and Sexual Orientation ï Lesson Wrap-Up 	<p>AP.8.CC.1 Describe male and female sexual and reproductive systems including body parts and their functions PD.8.CC.1 Describe the physical, social, cognitive, and emotional changes of adolescence. ID.8.CC.1 Differentiate between gender identity, gender expression, and sexual orientation. ID.8.CC.2 Explain the range of gender roles. ID.8.IC.1 Communicate respectfully with and about people of all gender identities, gender expressions and sexual orientations . PS.8.ADV.1 Advocate for safe environments that encourage dignified and respectful treatment of everyone .</p>

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<p>HS Lesson 1: Life Planning i Visualizing Your Future i Creating a Life Plan i Lesson Wrap-Up</p>	<p>No related standard.</p>
<p>MS Lesson 2: Exploring Friendships i Friendship i Liking vs. Loving i Planning an Activity i Lesson Wrap-Up</p>	<p>HR.8.CC.1 Compare and contrast characteristics of healthy and unhealthy relationships. R.8.CC.1 Analyze the similarities and differences between friendships and romantic relationships. HR.8.IC.1 Demonstrate communication skills that foster healthy relationships. PS.8.SM.1 Describe ways to treat others with dignity and respect.</p>
<p>HS Lesson 2: Healthy Relationships i Love and Intimacy i Healthy Relationships i Lesson Wrap-Up</p>	<p>HR.12.CC.1 Describe characteristics of healthy and unhealthy romantic and/or sexual relationships. HR.12.CC.2 Describe a range of ways to express affection within healthy relationships. HR.12.SM.1 Demonstrate respect for the boundaries of others as they relate to intimacy and sexual behavior.</p>
<p>MS/HS Lesson 3: Bullying and Abuse/Relationship Violence - Bullying (MS only)</p>	<p>HR.8.CC.1 Compare and contrast characteristics of healthy and unhealthy relationships. HR.8.INF.2 Analyze the impact of technology and social media on friendships and relationships. PS.8.CC.1 Describe situations and behaviors that constitute bullying, sexual harassment, sexual assault, sexual abuse, incest, rape, and dating violence. PS.8.CC.2 Discuss the impacts of bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence and why they are wrong. PS.8.AI.1 Identify sources of support such as parents or other trusted adults that they can go to if they are or someone they know is being bullied, harassed, abused or assaulted.</p>

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<p>MS/HS Lesson 3: Bullying and Abuse/Relationship Violence (cont.)</p> <ul style="list-style-type: none"> ï Relationship Violence and Abuse (HS only) ï Protecting Yourself (incl. consent, sexting, internet safety, sexual assault) ï Lesson Wrap-up 	<p>PS.8.IC.1 Demonstrate ways to communicate with trusted adults about bullying, harassment, abuse or assault.</p> <p>PS.8.SM.2 Demonstrate ways they can respond when someone is being bullied or harassed.</p> <p>HR.12.CC.1 Describe characteristics of healthy and unhealthy romantic and/or sexual relationships.</p> <p>HR.12.CC.3 Define sexual consent and explain its implications for sexual decision-making.</p> <p>HR.12.IC.1 Demonstrate effective strategies to avoid or end an unhealthy relationship.</p> <p>HR.12.IC.2 Demonstrate effective ways to communicate personal boundaries as they relate to intimacy and sexual behavior.</p> <p>HR.12.SM.2 Describe strategies to use social media safely, legally and respectfully.</p> <p>PS.12.CC.1 Compare and contrast situations and behaviors that may constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence.</p> <p>PS.12.IC.1 Demonstrate effective ways to communicate with trusted adults about bullying, harassment, abuse or assault.</p> <p>PS.12.IC.2 Identify ways in which they could respond when someone else is being bullied or harassed.</p>
<p>MS/HS Lesson 4: Human Trafficking</p> <ul style="list-style-type: none"> - Human Trafficking - Sex Trafficking - What would you do? - Resources and Services - Lesson Wrap-Up 	<p>PS.8.CC.1 Describe situations and behaviors that constitute bullying, sexual harassment, sexual assault, sexual abuse, incest, rape, and dating violence.</p> <p>PS.8.CC.2 Discuss the impacts of bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence and why they are wrong.</p> <p>PS.8.IC.1 Demonstrate ways to communicate with trusted adults about bullying, harassment, abuse or assault.</p> <p>PS.12.CC.2 Analyze the laws related to bullying, sexual harassment, sexual abuse, sexual assault, rape, and dating violence.</p> <p>PS.12.CC.3 Explain why using tricks, threats, or coercion in a relationship is wrong.</p>

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<p>MS/HS Lesson 5: Preventing an Unplanned Pregnancy</p> <ul style="list-style-type: none"> i Family Planning i Contraception and Community Services i Sexual Abstinence i Lesson Wrap-Up 	<p>PR.8.CC.1 Define sexual intercourse and its relationship to reproduction.</p> <p>PR.8.CC.2 Define sexual abstinence as it relates to pregnancy prevention.</p> <p>PR.8.CC.3. Explain the health benefits, risks and effectiveness rates of various methods of contraception, including abstinence and condoms .</p> <p>PR.8.CC.4 Define emergency contraception and its use.</p> <p>PR.8.CC.6. Identify prenatal practices that can contribute to a healthy pregnancy.</p> <p>PR.8.AI.1. Identify medically- accurate resources about pregnancy prevention and reproductive health care.</p> <p>PR.12.CC.1 Compare and contrast the advantages and disadvantages of abstinence and other contraception methods including condoms.</p> <p>PR.12.AI.1 Access medically-accurate information about contraceptive methods, including abstinence and condoms.</p> <p>PR.12.CC.2 Define emergency contraception and describe its mechanism of action.</p> <p>PR.12.AI.2 Access medically- accurate information and resources about emergency contraception.</p>
<p>MS/HS Lesson 6: Teen Pregnancy: Choices and Responsibilities</p> <ul style="list-style-type: none"> i Prenatal Care and Parenting i Additional Alternatives (Surrender, Adoption, Abortion) 	<p>PD.8.DM.1 Demonstrate the use of a decision-making model and evaluate possible outcomes of decisions adolescents might make.</p> <p>PR.8.CC.6 Identify prenatal practices that can contribute to a healthy pregnancy.</p> <p>PR.8.AI.3 Identify medically- accurate sources of pregnancy-related information and support including pregnancy options, safe surrender policies and prenatal care</p> <p>PR.12.CC.3 Identify the laws related to reproductive and sexual health care services (i.e., contraception, pregnancy options, safe surrender policies, prenatal care) .</p> <p>PR.12.CC.5 Describe prenatal practices that can contribute to or threaten a healthy pregnancy.</p>

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<p>MS/HS Lesson 6 (cont.) Teen Pregnancy: Choices and Responsibilities i Decision-Making i Lesson Wrap-Up</p>	<p>PD.8.DM.1 Demonstrate the use of a decision-making model and evaluate possible outcomes of decisions adolescents might make. PR.8.DM.1 Apply a decision-making model to various sexual health decisions. PD.12.DM.1 Apply a decision-making model to various situations relating to sexual health. PD.12.DM.2 Assess the skills and resources needed to become a parent. PR.12.CC.6 Compare and contrast the laws related to adoption, abortion, safe surrender, and parenting.</p>
<p>MS/HS Lesson 7: Myths and Stereotypes about HIV Infection i Persons Infected/Affected by HIV i Imagining Loss (MS only) i Friends Family and HIV (HS only) i Lesson Wrap-Up</p>	<p>ID.8.IC.1 Communicate respectfully with and about people of all gender identities, gender expressions and sexual orientations . HR.12.CC.2 Describe a range of ways to express affection within healthy relationships. PS.12.ADV.1 Advocate for safe environments that encourage dignified and respectful treatment of everyone.</p>
<p>MS/HS Lesson 8: The HIV/AIDS Epidemic i HIV/AIDS Epidemic i HIV Transmission i Stop and Think activity (MS only) i The Mismatch Activity (HS only) i The Treatment of HIV Disease i Lesson Wrap-Up</p>	<p>SH.8.CC.2 Compare and contrast behaviors, including abstinence, to determine the potential risk of STD/HIV transmission from each. SH.12.CC.2 Evaluate the effectiveness of abstinence, condoms and other safer sex methods in preventing the spread of STDs, including HIV.</p>

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<p>MS/HS Lesson 9: Preventing Sexually Transmitted Infections</p> <ul style="list-style-type: none"> ï Overview of Sexually Transmitted Infections ï STIs ï STI Testing ï STI Gameshow (optional - HS only) ï Lesson Wrap-Up 	<p>SH.8.CC.1. Define STDs including HIV and how they are and are not transmitted.</p> <p>SH.8.CC.2 Compare and contrast behaviors, including abstinence, to determine the potential risk of STD/HIV transmission from each.</p> <p>SH.8.CC.3. Describe the signs, symptoms and potential impacts of STDs, including HIV.</p> <p>SH.8.AI.1 Identify medically-accurate information about STDs, including HIV.</p> <p>SH.8.AI.2 Identify local STD and HIV testing and treatment resources.</p> <p>SH.12.CC.1 Describe common symptoms of and treatments for STDs, including HIV.</p> <p>SH.12.CC.2 Evaluate the effectiveness of abstinence, condoms and other safer sex methods in preventing the spread of STDs, including HIV.</p> <p>SH.12.CC.3 Describe the laws related to sexual health care services, including STD and HIV testing and treatment.</p> <p>SH.12.AI.1 Explain how to access local HIV and STD testing and treatment services.</p> <p>SH.12.AI.2 Access medically accurate prevention information about STDs, including HIV.</p> <p>HIV.SH.12.SM.1 Analyze individual responsibility about testing for and informing partners about STDs and HIV status.</p>
<p>MS Lesson 10: Recognizing and Reducing Risks</p> <ul style="list-style-type: none"> ï Red Light Green Light activity ï Universal Precautions demonstration ï Latex Condoms ï Lesson Wrap-Up 	<p>SH.8.INF.1 Analyze the impact of alcohol and other drugs on safer sexual decision-making and sexual behaviors.</p>

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<p>HS Lesson 10: Protection and Communication</p> <ul style="list-style-type: none"> ï Using Condoms Correctly and Consistently ï External and Internal Condom Use ï Condom Success and Failure Rates ï Condom Negotiation Skills ï Lesson Wrap-Up 	<p>PR.12.SM.1 Describe the steps to using a condom correctly.</p> <p>SH.12.IC.1 Demonstrate skills to communicate with a partner about STD and HIV prevention and testing.</p> <p>SH.12.CC.2 Evaluate the effectiveness of abstinence, condoms and other safer sex methods in preventing the spread of STDs, including HIV.</p> <p>SH.12.SM.2 Describe the steps to using a condom correctly.</p>
<p>MS/HS Lesson 11: Media and Peer Pressure</p> <ul style="list-style-type: none"> ï Media and Peer Pressures ï Assertiveness Skills Practice ï Personal Escape Plans (MS only) ï Lesson Wrap-Up 	<p>PR.8.IC.1 Demonstrate the use of effective communication skills to support one’s decision to abstain from sexual behaviors.</p> <p>SH.8.IC.1 Demonstrate the use of effective communication skills to reduce or eliminate risk for STDs, including HIV.</p> <p>HR.8.IC.1 Demonstrate communication skills that foster healthy relationships.</p> <p>HR.8.IC.2 Demonstrate effective ways to communicate personal boundaries and show respect for the boundaries of others</p> <p>PR.12.IC.1 Demonstrate ways to communicate decisions about whether or when to engage in sexual behaviors.</p> <p>SH.12.IC.1 Demonstrate skills to communicate with a partner about STD and HIV prevention and testing.</p>

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<p>MS/HS Lesson 12: HIV/STI Testing and Community Resources - How Viruses are Spread- Testing and Community Resources - Lesson Wrap-Up</p>	<p>SH.8.AI.2 Identify local STD and HIV testing and treatment resources. SH.12.AI.1 Explain how to access local HIV and STD testing and treatment services. SH.12.AI.2 Access medically accurate prevention information about STDs, including HIV.SH.12.SM.1</p> <p>Analyze individual responsibility about testing for and informing partners about STDs and HIV status.</p>
<p>MS Lesson 13: Goal-Setting i The Path to Personal Goals i Setting Goals for the Future i Personal Contracts i Lesson Wrap-Up and Post-Test</p> <p>HS Lesson 13: Steps to Success i Lifeline Review i Steps to Success i Personal Contract i Lesson Wrap-Up and Post-Test</p>	<p>SH.8.GS.1 Develop a plan to eliminate or reduce the risk of STDs including HIV.</p> <p>SH.12.GS.1 Develop a plan to eliminate or reduce the risk of STDs including HIV.</p>

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